



STATE OF DELAWARE  
OFFICE OF HIGHWAY SAFETY  
[www.ohs.delaware.gov](http://www.ohs.delaware.gov)

**Newsletter Article**

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### **Cell Phone in One Hand, Ticket in the Other**

Did you know that drivers who use hand-held devices are 4 times more likely to get into crashes serious enough to injure themselves? It has become a common occurrence to see others talking on their hand-held cell phone or checking their smartphone while driving. You may even do it yourself. Distraction occurs any time you take your eyes off the road, your hands off the wheel, and your mind off the task of driving. Any non-driving activity you engage in is a potential distraction and increases your risk of crashing.

That's why OHS and Delaware Law Enforcement are teaming up to stop distracted drivers by collaborating on the enforcement and education campaign "Phone in One Hand, Ticket in the Other". Last year, nearly 10,000 citations were written for violating the state's hands free cell phone law. Here is what you need to know:

- The law bans texting while driving, as well as bans the use of hand-held cell phones and the use of other mobile devices while driving.
- Drivers are required to use hands-free technology in order to use a cell phone while driving.
- For more information about Delaware's cell phone law, see [www.ohs.delaware.gov/cellphone](http://www.ohs.delaware.gov/cellphone).

Since the average fine is over \$100, it is best to turn off the phone and put it away until you have reached your destination. If you need to make a call, pull off to a safe location. Remember, if you have a cell phone in one hand, you may have a ticket in the other.

You can also find more information about distracted driving at [www.distraction.gov](http://www.distraction.gov).